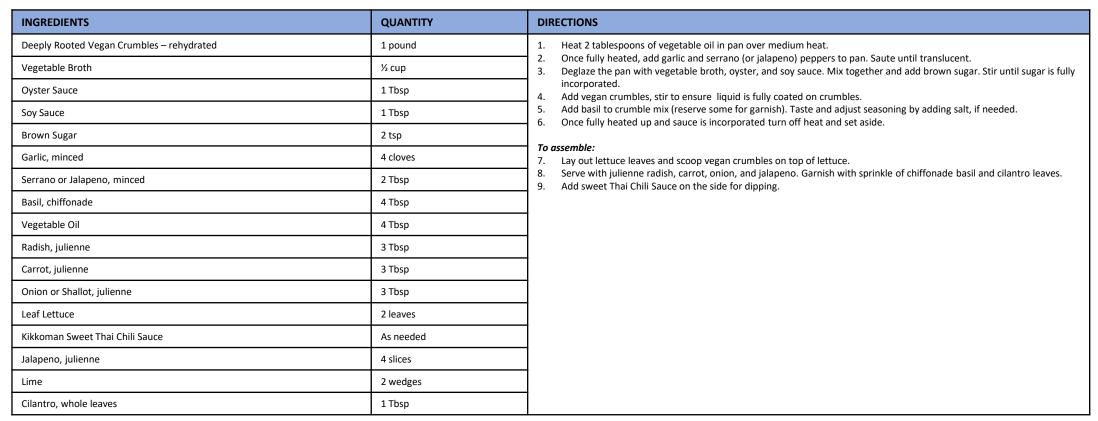
HEALTHY KIDS COLLABORATIVE

Spicy Thai Vegan Lettuce Wraps

A crisp and healthy alternative loaded with fresh vegetables, easily customizable!

YIELD:	1 each	SERVING SIZE:	1 SERVING = 2 each	SOURCE:	Seattle Public Schools
NUTRITION	NAL CONTRIBUTIO	N PER SERVING:	4 oz meat/meat alternative, ½	cup vegetable	2



NUTRITION INFORMATION PER SERVING																
Calories	2887	Total Fat	193.1	g	Saturated Fat	30.8	g	Cholesterol	0	mg	Sodium	4871	mg	Protein	223.2	g
Total Carbohydrate	116.6 g	Dietary Fiber	35.9	g	Total Sugar	34.4	g	Vitamin D	0	mg	Calcium	1731	mg	Iron	46	mg

