| Ingredients | 12 Servings |  | 100 Servings |  | Directions |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Weight | Measure | Weight | Measure |  |
|  |  |  |  |  | 1. Preheat the oven to $375^{\circ} \mathrm{F}$. |
| Lasagna noodles, enriched | 3/4 lb | 12 noodles | 5 lb 8 oz | 88 each | 2. Bring a large pot of water to a rapid boil and add the salt. Add the lasagna noodles and cook until they are just barely tender, about 8 minutes. Drain the noodles in a colander, rinse to stop the cooking, drain well, and set aside. |
| Table salt (for cooking pasta) |  | 2 tsp |  | 6 tbsp |  |
| Spinach, frozen, chopped, thawed and squeezed before measuring | 8 oz | 2 cups | 4 lb | 1 gal | 3. Combine the spinach, ricotta, half of the mozzarella, the parmesan, eggs, salt, and pepper. Set aside |
| Ricotta, part skim | 12 oz | 11/2 cups | $61 / 4 \mathrm{lb}$ | $3 \mathrm{qt} 1 / 2$ cup |  |
| Mozzarella cheese, part skim, shredded (divided use) | 10 oz | 21/2 cups | 5 lb | 1 gal 1 qt |  |
| Parmesan cheese, grated | 2 oz | 1/2 cup | 1 lb | 1 qt |  |
| Eggs, large | 4 oz | 2 each | 2 lb | 16 each |  |
| Table salt (for ricotta filling) | 1/2 tsp | 1/2 tsp | 4 tsp | 4 tsp |  |
| Black pepper, ground | 1/4 tsp | 1/4 tsp | 2 tsp | 2 tsp | (recipe continues on the next page) |

(continued)

| Tomato sauce | 2 lb 4 oz | $41 / 2 \mathrm{cups}$ | 18 lb 10 <br> oz | 2 gal 1 qt. | $4 .$Spread 1 cup of tomato sauce in a half-size pan or 1 cup for a <br> full-size pan. Top with a layer of lasagna noodles (about 6 <br> noodles for half and 12 for full-size). <br> Ratatouille, drained if <br> necessary (See Recipe <br> Notes) |
| :--- | :--- | :--- | :--- | :--- | :--- |

## Recipe Notes:

Ratatouille

Recipe follows.
If the ratatouille has a significant amount of liquid, drain it in a sieve or colander before using. Reserve any liquid to add to vegetable soups, stews, or bean dishes for additional flavor.

## Serving Notes:

1 piece provides $13 / 4 \mathrm{oz}$ equivalent meat/meat alternate, $3 / 4$ cup of vegetable, and 1 serving of grains/breads. Cut into 3X4 inch pieces.

|  | 12 Servings | 100 servings |
| :--- | :--- | :--- |
| Total Weight: | 4 lb 8 oz | 37 lb 8 oz |
| Total Volume |  |  |
| Serving Size (weight): | 6 oz | 6 oz |
| Serving Size (volume): | 1 piece | 1 piece |


| Nutrients Per Serving |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :---: |
| Calories | 270 | Saturated Fat | 4.5 g | Iron | 2.6 mg |  |
| Protein | 17 g | Cholesterol | 55 mg | Calcium | 190 mg |  |
| Carbohydrate | 30 g | Vitamin A-RE | 447 mcg | Sodium | 663 mg |  |
| Total Fat | 10 g | Vitamin C | 10 mg | Dietary Fiber | 4 g |  |

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