



No-Bake Apple Pie

Single serving apple pie parfait featuring Arctic Apples Specialty Fruits.

YIELD: 4 Servings	SERVING SIZE: 1 SERVING = 1 ea.	SOURCE: Valley View School District Culinary
NUTRITIONAL CONTRIBUTION PER SERVING:		

INGREDIENTS	QUANTITY	DIRECTIONS
Butter, unsalted	2 Tbsp.	<ol style="list-style-type: none"> In a small bowl, melt the butter. Once melted, combine the butter, apples, and cinnamon into a large bowl. Gather four 8 oz. glasses to assemble each serving. To each glass, add a layer of crumbled graham crackers, then yogurt, then the apple mix and repeat until each glass is full. Top each glass with whipped cream and enjoy! <p>Note: Hold for cold service at 41°F or lower.</p>
Apples, raw, with skin	2 cups	
Cinnamon, ground	¼ cup	
Whipped cream	8 Tbsp. (2 Tbsp. ea. serving)	
Yogurt, vanilla, bulk Yoplait	32 oz.	
Graham crackers, packages	2 ea.	

NUTRITION INFORMATION PER SERVING											
Calories	374	Total Fat	10 g	Saturated Fat	6 g	Cholesterol	22 mg	Sodium	157 mg	Protein	8 g
Total Carbohydrate	67 g	Dietary Fiber	6 g	Total Sugar	38 g	Vitamin C	3 mg	Calcium	290 mg	Iron	1 mg